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Maxx Your Mentors Workbook

This is your personal Maxx You workbook to continue to go after the life you've always wanted! Use it to continue to celebrate the work you've already accomplished and your **most authentic, unapologetic self**. Whether you want to go all in on a side hustle, take your creative expression to the next level, or anything in between, T.J.Maxx is here to help you get started.

men·tor| 'men,tôr, 'men(t)ər |
- noun; an experienced and trusted adviser.*

Learn how to surround yourself with women who champion you and workshop ways to tap into your network when you need a little extra support. It's time to Maxx Your Mentors!

*Taken from Oxford Languages



Aja Dang
Entrepreneur, financial expert, and content creator



Sophia Casey, MCC
Executive Life Coach &
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Officer ICLI

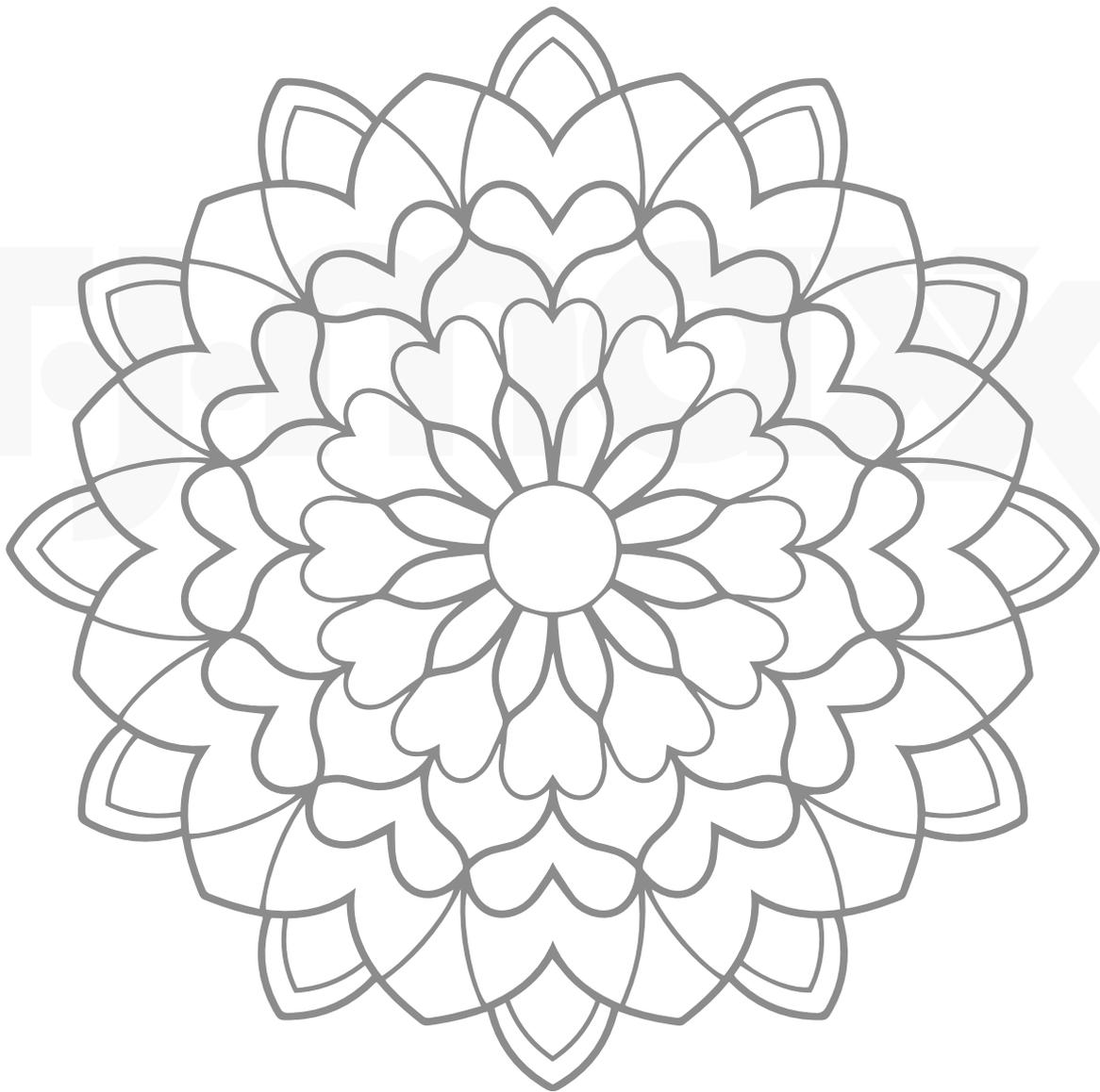
Co-creating My Mentoring Relationship

In the space below are questions to consider asking your mentor to create the best relationship to support your goals. Space is provided for you to answer the questions and share them with your mentor.

Question	My Mentor's Answers	My Answers
1. <i>If your relationship to your career journey was an animal, what animal would it be and why?</i>		
2. <i>What did you want to be as a child? How did it turn out?</i>		
3. <i>Which superhero is most like you and why?</i>		
4. <i>What was your first job and what did you learn that supports you now in your career?</i>		
5. <i>What are your methods for handling stress?</i>		
6. <i>What are the best qualities of your mentors, coaches, teachers, and friends?</i>		
7. <i>What would you change about your career journey?</i>		
8. <i>What is one piece of advice you would give to your younger self?</i>		

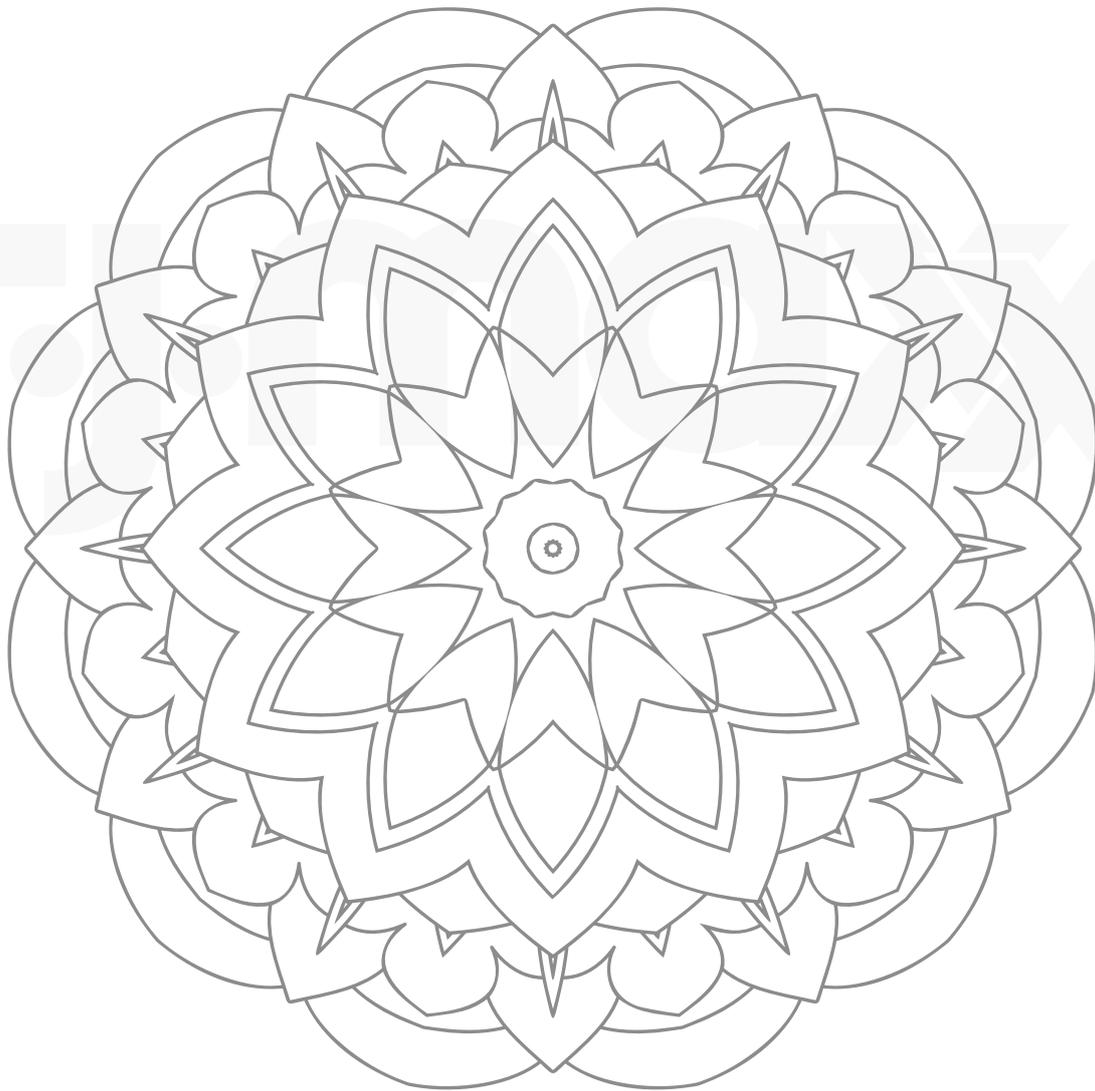
***You are the average of the five
people you spend the most time with.***

— Jim Rohn



***A mentor is someone who allows you
to see the hope inside yourself.***

— Oprah Winfrey



Reflection

Need support getting started? Consider using these reflection prompts:

- When I have an abundance of support, I feel...
- The professional relationships I'm most proud of are...
- I would describe my authentic and unapologetic future self as...



Reflection



About The Maxx You Project

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The Maxx You Project began in 2017 as T.J.Maxx's ongoing initiative dedicated to helping women pursue their most authentic lives. Since its inception, The Maxx You Project has touched the lives of more than 160,000 women across the country through interactive experiences and programming that encourages women to be their most unapologetic selves.

About T.J.Maxx

As the nation's largest off-price retailer, with more than 1,200 stores spanning 49 states and Puerto Rico, T.J.Maxx helps empower shoppers to be their most unapologetic selves by offering an ever-changing selection of high-quality, on-trend brand name and designer merchandise at an amazing value.

For style tips, inspiration and more, visit us on Instagram at @tjmaxx, TikTok at @tjmaxx, Facebook at facebook.com/tjmaxx, Pinterest at pinterest.com/tjmaxx and Twitter at @tjmaxx. Visit tjmaxx.com or download the T.J.Maxx app to shop online and locate your nearest store.

Find more Find Your Maxx workshops at
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